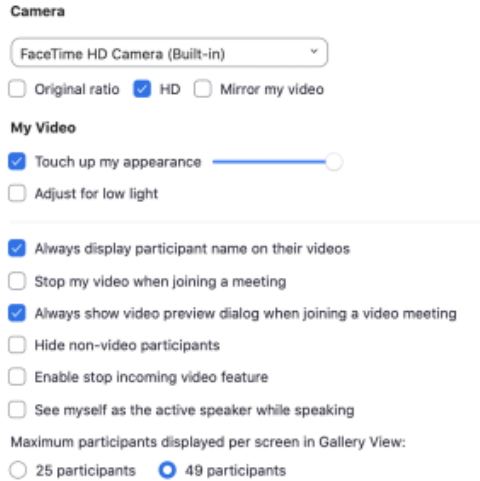


# How to: Change Video Default on/off in Zoom

## Step-by-step guide

1. While in a Zoom meeting, click on the ^ next to the camera icon.
2. While in Video Settings, check or uncheck the box next to "Stop my video when joining a meeting"



The screenshot shows the Zoom Video Settings interface. At the top, under the 'Camera' section, there is a dropdown menu set to 'FaceTime HD Camera (Built-in)'. Below this are three checkboxes: 'Original ratio' (unchecked), 'HD' (checked), and 'Mirror my video' (unchecked). The 'My Video' section follows, containing 'Touch up my appearance' (checked with a slider) and 'Adjust for low light' (unchecked). A horizontal separator line divides the settings into two groups. The first group includes 'Always display participant name on their videos' (checked), 'Stop my video when joining a meeting' (unchecked), and 'Always show video preview dialog when joining a video meeting' (checked). The second group includes 'Hide non-video participants' (unchecked), 'Enable stop incoming video feature' (unchecked), and 'See myself as the active speaker while speaking' (unchecked). At the bottom, under 'Maximum participants displayed per screen in Gallery View:', there are two radio buttons: '25 participants' (unchecked) and '49 participants' (checked).

a.

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